



Barney and Echo

THE POLICE COMMUNITY CLUBS OF GREAT BRITAIN
Delivering Citizenship and PSHE Education
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Introduction to The Barney & Echo Workbook

Workbook Contents:

- Guidelines for lesson plan and additional activities
- The Magic Mirror lesson plan
- Discussion activities
- The Barney & Echo questionnaire plus answer sheet
- Reflection exercise
- Magic Mirror play



Other books in the Barney & Echo series:

Sparky's Big Idea - Deals with the environment

Echo's New Watch - Deals with gangs

The Bad Apples - Deals with drugs, tobacco and alcohol

Caught In The Web - Deals with internet safety and cyber bullying

www.barneyecho.co.uk



Guidelines for lesson plan & Additional Activities

Lesson Plans - Pre -programme

Enclosed is the learning objective of the Barney and Echo 'The Magic Mirror' educational resource.

You can plan the project by following the suggested template or run the programme to fit into your current PSHE / Citizenship lessons.

Discussion Activity 1:

Please photocopy and hand out 'What is harmful and why?' to the class. It is advised that this activity is done in small groups or with partners. Once completed please talk about the answers given in a whole group discussion.

Discussion Activity 2:

Please photocopy and hand out 'Statements - agree or disagree?' to the class. It is advised that this activity is done in small groups or with partners. Once completed please talk about the answers given in a whole group discussion.

Reflection Exercise:

Please photocopy and hand out the 'What did I do and what did I learn' activity sheet to the whole class.

It is best to get each pupil to do these separately and then hand them in to the teacher at the end of the lesson.

Once completed please talk about the answers given in a whole group discussion.

The Play - Post programme

Within this pack you will receive a copy of the play that is based on the storybook that the children will be able to re-enact to parents and the rest of the school.



Barney & The Magic Mirror



Lesson Plan

Barney says let's talk about...

drugs, tobacco and alcohol



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Week	Learning Objectives	Introduction	Main Teaching Activity	Plenary and extensions
1	To elicit prior knowledge on drugs, tobacco and alcohol	Inform the children that we will be learning about the dangers of drugs, tobacco and alcohol this half term and how to make good and informed decisions with regard to them. Ask children to find a talk partner, to discuss what they already know about this topic.	As a group complete a KWL grid. This should be displayed throughout the topic and updated when necessary. (K=What do they know W=What do they want to know L=what have they learnt	Key Question (KQ): How could we find out the answers to some of these questions?
2	To know that my behaviour can affect others.	Introduce book and read to page 8 and discuss as a whole class. KQ: How did Barney feel when he saw what state the forest was in? (why?) Why did Barney and Echo want to clean up the forest? What do you think of the way Spike, Dizzy & Digsby were behaving? Give children 5 mins to discuss with talk partners and take feedback.	In small mixed ability groups, children to complete activity on pages 9 & 10. Take feedback asking children their reasons for their choices.	Read pages 11-13 as whole class and discuss. KQ: Why were Spike, Digsby and Dizzy calling Barney names? Complete Word Jumble page 14. Word Search page 15
3	To understand how to make good decisions.	Recap on last week's lesson. Read page 16-18. KQ: page 17- in talk partners discuss why its important to make good decisions.	Children to design a poster on page 19 about anti-smoking. Teacher to overview posters and then children to peer review each other's work.	Ext: Make group poster for making good decisions.
4	To understand that drugs, tobacco and alcohol are harmful.	Recap on last week's lesson. Read page 20 & 21 and complete activities on pages 22-25.	Read page 26 & 27. Children to complete activity on pages 28 in small groups. Take feedback.	Children to present their decision to the class and explain their choices. Ext: Activities on page 29 & 31.
5	To understand that decisions have consequences and to make informed choices.	Recap on last week's lesson and read pages 30-33. In small groups discuss how the characters felt after seeing their futures in the mirror.	Children to write a letter individually to Spike to explain why she should stop drinking alcohol. Review in small groups and take feedback.	KQ: What have you learned during this topic? (Discuss in partners and take feedback)
6	To understand the benefits of leading a healthy lifestyle.	Recap on last week's lesson and read pages 35-39.	Complete activities on pages 36 & 40. Small group discussions and take feedback.	Pages 42-46 are activities that the children can do in school and then take home for their parents to complete. KQ: Compare parents answers against those of the children.
7	To complete additional activities and perform the play	Ask children to summarise the books, and overview the additional activities.	Split children into groups Children to rehearse the play.	Extended plenary. Children to perform the play to the class. Rest of the class to peer assess the performances.

Barney & The Magic Mirror



Discussion Activity 1

Barney says let's talk about...
drugs, tobacco and alcohol



What is harmful and why?

Harmful?	Never	Sometimes	Always	Why?
Alcohol 				
Cigarettes 				
Drugs 				
Broken Glass 				
Littering 				



Discussion Activity 2



Statement	Agree ✓	Disagree ✓	Why?
1. Drugs and alcohol are only harmful to children			
2. Smoking makes people look cool			
3. Alcohol can affect your behaviour			
4. If your friends want you to drink, you should join in			
5. If you know a classmate is drinking, smoking or taking drugs you should confront them and ask them why they are doing it			
6. If you only smoke now and again you will not become addicted			
7. If someone offers you a pill that you don't need or recognise you should tell them 'no' and tell a teacher/responsible adult			
8. You can only become addicted to smoking if you are a child			
9. When people take drugs it can help them have more fun			
10. Drinking alcohol is OK so long as you don't have more than two drinks			

The Barney and Echo Journey Questionnaire

Teacher answer sheet and instructions

Instructions

- Photocopy the following questionnaire sheets and hand them out to the pupils.
- Pupils should be given up to 20 minutes to complete the questionnaire.
- Once the questionnaire is finished, mark the papers and have a group discussion on the answers given.

Answers for the questionnaire:

1. Echo the squirrel was in hospital after cutting his leg on broken glass.
2. Tom Stoat gave Barney Eagle a Magic Mirror.
3. Any 3 answers from: bottles, drink cans, cigarette packets or a needle.
4. Barney told the Treetop Council.
5. Barney didn't take the sweets because he didn't know what they were/ Barney knew it was wrong to take sweets from someone he didn't trust.
6. **THEMSELVES** - **Dizzy** saw himself coming last in a running race, puffing and panting
Spike saw her mum with a bandage on her leg, with a sign on a fence saying 'danger keep out'
Digsby was getting chased by a police officer.
7. Change and the future changes with you.
8. Healthy and happy.



The Barney and Echo Journey Questionnaire

Magic Mirror



Please answer the following questions in as much detail as possible:

1. Why was Echo the Squirrel in hospital?

2. What did Tom Stoat the Woodland Wizard give to Barney the Eagle?

3. When Barney got to The Old Mill, what did he see?

4. Who did Barney tell about the mess so that they could clean it up?

5. Why didn't Barney take the sweets from Digsby Mole?

6. What did Dizzy, Spike and Digsby see in the Magic Mirror when each of them picked it up?

7. What was the message on the back of the Magic Mirror?

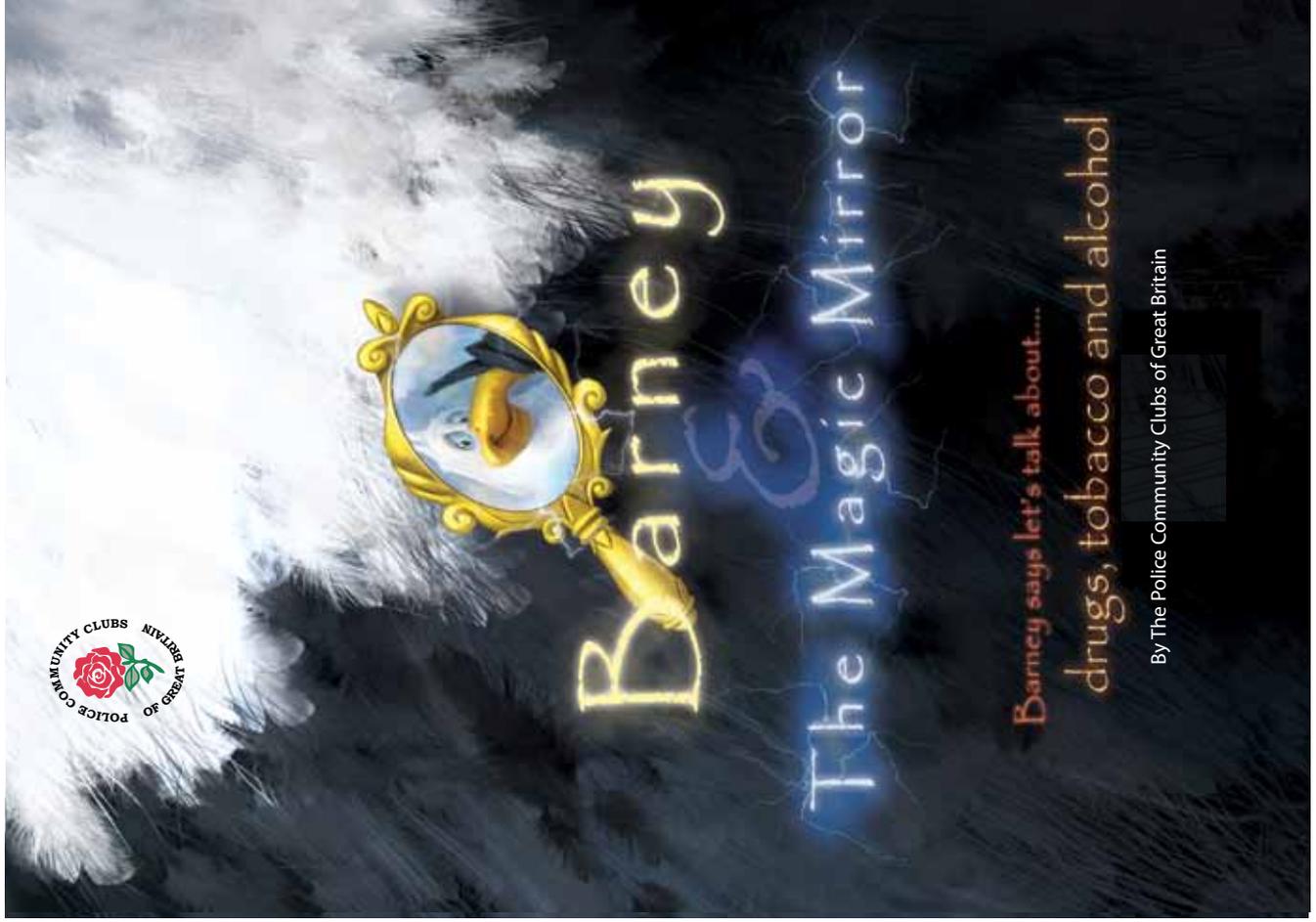
8. How did Dizzy, Spike and Digsby feel when they had changed their ways?



Reflection Exercise

What did I do?

What did I learn?





The Magic Mirror Play

The Play:

Let's talk about Drugs, Tobacco and Alcohol

Please photocopy 6 copies of the following play.

Decide who will play the parts of the characters and give the pupils a copy of the script each (keeping one for the teacher).

Make sure you have all of your props...

- **Chair x 2**
- **Mirror**
- **Rucksack**
- **Empty plastic bottles & cans (paper squares representing broken glass)**
- **Some rubbish**
- **School bench (to be used as a log)**
- **Some Sweets**
- **White bandage**
- **Crutches**
- **Masks (optional)**

It is recommended that you spend at least 5-6 hours rehearsing the play.

The play can be delivered to other pupils in the school or at a parents event.



'The Magic Mirror'

Lets talk about Drugs, Tobacco and Alcohol

CAST

Barney Eagle :

Echo Squirrel :

Spike Hedgehog :

Digsby Mole :

Dizzy Rabbit :



SCENE I

The set is a hospital.

Enter Barney the Eagle stage [LEFT] with a rucksack on his back.

Barney: *(To the audience)* Hello everyone, my name is Barney the Eagle and I'm on my way to visit my friend Echo the Squirrel. Echo was playing in the woods earlier today and has fallen onto a sharp piece of glass. Echo's mum told me that the glass came from a broken bottle which someone had carelessly left lying around in the forest and now poor Echo has a big cut on his foot!

Enter Echo stage [RIGHT] on crutches who sits on a hospital chair.

Barney: Hi Echo, how are you feeling?

Echo: My foot is very sore.

Barney: That bandage wrapped around your foot makes it look really bad.

Echo: I know.

Barney: So, what happened?

Echo: I was playing football and I fell on some broken glass from a bottle that had been left lying around in the forest.

Barney: I can't believe that some people just don't care about where they drop bottles and litter. Treetop Forest is our home! I'll go back later and pick it up; I don't want any one else to hurt themselves.

Echo: I know, other animals could easily hurt themselves too, my foot is really sore!

Barney: Oh dear...I've got something that might cheer you up though..

Barney opens his rucksack and takes out an elaborate hand-held mirror. Barney passes the mirror to Echo who starts looking at it and turning it over in his hands

Echo: What is it?

Barney: Look into the mirror and tell me what you see?

Echo: It's just a mirror! Oh wait...something's happening...I...I can see me!

Barney: What's happening to you in the mirror?

Echo: My leg is better and I'm running around Treetop Forest playing football again.

Barney: *(Laughing)* It's a Magic Mirror Echo, it's a mirror that can see into the future.

Echo: Wow Barney, that's amazing!

Barney: You seem to be feeling a bit better Echo, I'll go and find that broken glass in Treetop Forest so that it can't hurt any of the other animals.

Echo: OK Barney, see you later...thanks for letting me see through the mirror!

Black Out

SCENE II

The set is now Treetop Forest. Barney enters the stage [LEFT]

Barney: I can't believe how many bottles, cigarette packets, drink cans there are laying around here...look, there's even a needle! I must tell the Treetop Council about this so they can come and clear up all this mess!

*Dizzy the Rabbit and Spike the Hedgehog enter the stage [RIGHT] carrying bottles
Barney hides behind a tree so that he can watch what they are doing
Dizzy and Spike sit on a log.. (School Bench)*

Dizzy: Let's see if these bottles will smash if we throw them.

Spike: *(Laughing)* I bet they'll smash into a million pieces.

*Dizzy and Spike throw the bottles on the floor and they smash loudly leaving jagged pieces of glass.
(Use the paper squares to represent broken glass)*

Spike: That's really funny Dizzy!

Dizzy: Look how many pieces of glass there are now!

Barney: *(To the audience-still hiding)* What shall I do now? Should I go over and tell them off? Should I just hide here and say nothing? Or should I go and tell a grown-up?

Just then Barney hears a noise behind him.

Digsby the Mole enters the stage [LEFT] and Barney comes out from his hiding place.

Digsby: *(Excitedly)* Hi Barney, I got these sweets down by the shops, would you like some?

Barney: *(Surprised)* Er, no thank you! I don't know what they are. You should always tell your parents or a teacher if someone offers you something like that, you never know they could be pills not sweets.

Digsby: They are only sweets, the bigger kids told me so, here take some...

Barney: *(Firmly)* No.

Digsby: You're such a coward Barney

Barney: I don't feel like a coward Digsby, it's wrong to take sweets from someone you don't trust. I'm going home...

Exit Barney [RIGHT] Dizzy, Spike and Digsby all call after him.

All: Coward, coward, coward

Black Out

SCENE III

The set is Echo Squirrel's bedroom. Barney and Echo are sitting on chairs.

Echo: What did they call you?

Barney: *(Sadly)* A coward.

Echo: I bet that hurt your feelings Barney? Well I think that you were very sensible and not a coward at all.

Barney: *(Sighing)* Some people don't seem to care about anything. It's very dangerous taking pills, smoking cigarettes and drinking alcohol. If only they could see what might happen to them if they carry on...

Enter Dizzy stage [LEFT] who comes and sits next to Barney.

Dizzy: Hi Echo, your Mum let me come up. Hi Barney...

Echo: Hi Dizzy. You upset Barney yesterday calling him a coward.

Dizzy: *(To Barney)* Sorry Barney, I didn't mean to call you names, I just didn't want to look stupid in front of the others

Barney: It's OK Dizzy, I understand, I've got something that you might like to have a look at..

Barney opens his rucksack and takes out the Magic Mirror. Barney hands the mirror to Dizzy

Dizzy: What is it?

Barney: Look into the mirror and tell me what you see?

Dizzy: It's just a mirror! Oh wait...something's happening...I...I can see me!

Barney: What's happening to you in the mirror?

Dizzy: I'm running in a race, but, wait.... I'm in last place, puffing and panting and looking very miserable... I don't understand, I'm the fastest rabbit in Treetop Forest and I've never been beaten in a race before.

Barney: It's a Magic Mirror Dizzy, it's a mirror that can see into the future. That's what's going to happen to you if you drink alcohol and smoke cigarettes!

Dizzy: *(Crying)* I was only doing it to fit in with Spike and Digsby and look what's happening to me!

Enter Spike stage [RIGHT] who comes and sits next to Echo.

Spike: Hi everyone, why is Dizzy crying?

Barney: Dizzy has realised that smoking cigarettes and drinking alcohol isn't that clever after all.

Spike: What do you mean?

Barney: I've got something that you might like to have a look at..

Barney hands the mirror to Spike.

Spike: What is it?

Barney: Look into the mirror and tell me what you see?

Spike: It's just a mirror! Oh wait...something's happening...I...I can see me!

Barney: What's happening to you in the mirror?

Spike: I'm in the clearing and it's full of broken glass and rusted cans. My Mum is there and she's got a big bandage on her leg, just like Echo...Oh No! I think she's cut herself on the glass! The glass is from the bottles that we smashed yesterday! No one is allowed in Treetop Forest anymore, someone has put up a fence around the clearing because it's too dangerous!

Echo: That doesn't seem funny or clever does it?

Spike: *(Crying)* I know, we never meant for anything bad to happen, it was the alcohol I drank, it made me feel funny..

Enter Digsby stage [LEFT] who comes and sits next to Dizzy

Digsby: Hi everyone...why all the gloomy faces?

Echo: Dizzy and Spike have been looking into the future and they don't like what they are seeing!

Digsby: How can that be possible? Can I see?

Barney takes the Magic Mirror from Spike and hands it to Digsby.

Digsby: What is it?

Barney: Look into the mirror and tell me what you see?

Digsby: It's just a mirror! Oh wait...something's happening...I...I can see me!

Barney: What's happening to you in the Magic Mirror?

Digsby: *(Shocked)* I'm being taken to the police station by a police officer! The sweets that I tried to give to Barney weren't sweets at all!

Spike: What were they?

Digsby: The police officer says they were drugs!

All the friends look at each other shocked by what they had seen in the mirror.

Barney: It's nearly dark outside, we had better go home.

Spike: Will you walk home with me Barney? I'm not feeling very brave now...

Digsby: *(Looking nervous)* Can I walk home with you two please?

Dizzy: *(Crying)* I wish we could change our futures; they don't seem all that bright now do they?

Barney: Wait a minute. Turn the Magic Mirror over and see what it says on the back.

Digsby: *(Turning the mirror over)* It says: "Change and the future changes with you."

Spike: I think it's time we changed.

Dizzy: *(Drying his eyes)* I agree.

Barney and Echo look at each other and smile.

Black Out

SCENE IV

The set is Treetop Forest.

Enter Barney and Echo stage [LEFT].

Barney: *(To the audience)* It's been two weeks since Spike, Dizzy and Digsby saw their futures through the Magic Mirror and I know that they have been thinking hard about how their lives might turn out ever since. The good news is that they came back here the next day and helped the Treetop Council to clear up the mess they had made!

Echo: I'm so glad that life in the forest has gone back to normal and all the animals can play without worrying about injuring themselves on broken bottles, everyone's so much happier now!

Barney: Tom Stoat told me earlier that Dizzy and Spike wanted to meet us here...I hope everything's ok and they aren't going to be mean to us again?

Enter Dizzy stage [RIGHT] hopping, skipping and jumping in the air.

Dizzy: *(Breathlessly)* Hello Barney, hello Echo.

Dizzy continues hopping, skipping and jumping in the air.

Echo: Slow down Dizzy...you're making us...well....DIZZY!

Dizzy: *(Excitedly)* Can't stop....I'm in training for the forest finals...I'm going to show everyone I'm still the fastest rabbit in Treetop Forest!

Enter Spike stage [RIGHT].

Spike: Hi everyone!

Echo: *(Frightened)* Hi Spike...how's your Mum? Did she cut her leg the same as I did on the broken glass in the forest like you were shown in the Magic Mirror?

Spike: No, luckily!

Dizzy: We got such a fright after looking into the Magic Mirror we decided to stop drinking alcohol and smoking cigarettes...

Spike: Yes, that's right...there's no fence around the clearing to keep us out either, so we can play any time we want to.

Barney: Wow, that's great!

Spike/Dizzy: *(Together)* We changed and the future changed with us!

Enter Digsby stage [LEFT].

Barney: Hi Digsby...did you know that Spike and Dizzy had changed their ways?

Echo: Isn't it just fantastic?!

Barney: What about you Digsby, are you alright?

Digsby: Never better, thanks Barney

Spike: So, you didn't end up in jail then?

Digsby: No, thankfully.

Dizzy: What happened?

Digsby: Well I thought about what I had seen in the Magic Mirror and got really scared, so I gave those sweets that were drugs to the police and stopped going to the shops where the bigger kids hang out.

Echo: Wow, that's great Digsby.

Digsby: I'm so glad I looked into the Magic Mirror and saw what might happen to me...I changed...*(interrupted)*

All Together: *(Interrupting Digsby and all laughing)* "You changed and the future changed with you!"

*The friends all laugh together and clap each other on the backs and shake hands.
Spike, Dizzy and Digsby exit stage [RIGHT].*

Barney: *(Grinning)* It's amazing how the Magic Mirror helped change the lives of our friends Echo.

Echo: I know! What lessons do you think they learned Barney?

Barney: I think that they learned that when it comes to taking pills or drugs, smoking cigarettes or drinking alcohol; saying "no" is the best thing to do.

Echo: And if in doubt, tell a parent, your teacher or a police officer what has happened.

Barney: *(Addressing the audience)* Thanks for watching our play and remember Echo's advice: if anyone asks you to do anything you think might be wrong; tell a parent, your teacher or a police officer what happened. After all, we're not all lucky enough to have a Magic Mirror to see into our future!

Pause

Remember... change and the future changes with you!

Black out

All Characters to front of stage

LIGHTS UP

TAKE A BOW



We hope you and the children have all enjoyed Barney and Echo The Magic Mirror and have learned a number of valuable lessons.

Feedback from schools is vital to our future programmes and we would appreciate if you would take a moment to complete the short and simple feedback form on the website.

www.barneyecho.co.uk

